Peripheral Artery Disease (PAD) Quiz

Do you have cardiovascular problems such	
as high or low blood pressure and/or	Have you ever smoked?
cholesterol levels?	□ v ₋ .
□ v ₋ .	∐ Yes
∐ Yes	∐ No
∐ No	- I I I I I I I I I I I I I I I I I I I
	Do you have aching, cramping, tingling, or
Do you have a family history of	pain in your legs when you walk or exercise
cardiovascular problems?	that is relieved by rest?
Yes	Yes
No	No
_	_
Do you have diabetes?	Do you have pain in your toes or feet at
	night?
∐ Yes	
∐ No	∐ Yes
	∐ No
Do you have a family history of diabetes	
(immediate family such as parent, sister, or	Do you have ulcers or sores on your feet or
brother)?	legs that are slow in healing?
Yes	Yes
No	□ No
	Do you eat fried or fatty foods?
Do you have an irregular weekly exercise	
regime?	∐ Yes
Yes	∐ No
No	
	Do you have an irregular weekly exercise
Do you smoke?	regime?
	Yes
∐ Yes	□No
No	